

#### Do you need help recovering from SUBSTANCE ABUSE or FOOD ADDICTION?

Call Alcoholic Anonymous (Sacred Heart) 301-262-0704

Call Food Addicts Anonymous (Cresthill Baptist Church) 301-262-4141

Call 12-Step Program (Trinity Lutheran Church) 301-262-5475

Call Smart Recovery (Grace Lutheran Church) 301-262-7625

Call Overcomers Outreach (Grace Baptist Church) 301-262-1767



Are you a STUDENT and need help reporting bullying or other unhealthy activities at SCHOOL?

Text anonymously **BOWIEMD to**71441 and a report will be sent immediately to your school for corrective action.



Are you a senior citizen & need help with TRANSPORTATION or living a HEALTHY LIFESTYLE?

Call the Bowie Senior Center (City of Bowie) **301-809-2300** 



Do you feel HOPELESS, UNLOVED, or suffering from SICKNESS OF THE SOUL?

Please call one of the Bowie houses of worship or go to **TurnONtheLight-Bowie.org/churches** Get to know loving people who will love you and offer you a cure.

For more information about City of Bowie Community Services, go to : CityofBowie.org/9/Our-Community or call 301-262-6200.

For more We Care Bowie info, go to the "CARE" link on the **TurnONtheLight-Bowie.org** website or call **301-262-9116.** 

For general social services, call **2-1-1** Maryland Info & Referrals or Prince George's County Social Services **301-909-7000**.









10-22-2018



## Are you HUNGRY and can't afford to buy enough FOOD?

Call the Bowie Interfaith Pantry and Emergency Aid Fund 301-262-6765 Call Helping Hands (Cornerstone Church) 301-262-6266



## Do you need CLOTHING or coats and blankets to stay WARM?

Call the House on the Hill (Sacred Heart Church) 301-805-0879



#### Do you need one-time FINANCIAL HELP for rent or utilities?

Call the Bowie Interfaith Pantry and Emergency Aid Fund (Bowie residents only)

**301-262-6765**Call the Prince George's County
Emergency Assistance Program

301-909-7000



### Does your family need special COUNSELING?

Call Youth and Family Services (City of Bowie)
301-809-3033

Call Adam's House (for PG County residents transitioning from incarceration) 301-817-1900

For financial counseling, call Bowie Financial Counseling Service 301-262-9116 or Financial Peace University 1-877-378-2667

To deal with unplanned pregnancies or sexual health issues, call the Crisis Pregnancy Center 301-262-1330

> For divorce care, call Grace Baptist Church **301-262-1767**



## Do you need help with your HOUSE, YARD, or CAR?

Call Christmas in April (Prince George's County) **301-868-0937** 

Call Neighbors Helping Neighbors (City of Bowie) **240-544-5601** 

> Call Bowie Street Reach (Mt. Oak Fellowship) 301-249-2230

Call Grace Gives (Grace Baptist Church) **301-262-1767** 



# Are you HOMELESS and need a place to stay at night?

Call Community Crisis Services, Inc. (CCSI) Homeless Hotline about Warm Nights.

1-888-731-0999